

# CALLING ON MZIMBA'S HEALTHCARE WORKERS



YOU HAVE A VITAL ROLE TO PLAY IN SAVING MZIMBA'S MOTHERS

**41** WOMEN DIED FROM PREGNANCY AND CHILDBIRTH RELATED CAUSES IN MZIMBA BETWEEN JANUARY 2013 AND AUGUST 2015.

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**ONLY 24** OF THESE WOMEN RECEIVED A FULL DEATH AUDIT AND THE FOLLOWING CONTRIBUTORY FACTORS WERE IDENTIFIED:



- 11** OF THESE WOMEN
  - ✓ HAD AN INCOMPLETE INITIAL ASSESSMENT
  - ✓ RECEIVED INADEQUATE MONITORING
- 
- 9** OF THESE WOMEN
  - ✓ RECEIVED INADEQUATE RESUSCITATION
- 
- 4** OF THESE WOMEN
  - ✓ WERE NOT ABLE TO RECOGNISE DANGER SIGNS
- 
- 17** OF THESE WOMEN'S
  - ✓ DEATHS WERE NOT REVIEWED, SO NO LESSONS CAN BE LEARNT TO PREVENT FUTURE DEATHS

## WHAT CAN YOU DO?

### 1 – SPEAK OUT!

IF YOUR HEALTH FACILITY DOES NOT HAVE THE STAFF, SUPPLIES AND EQUIPMENT NEEDED TO CARE FOR MOTHERS AND BABIES IT'S NOT SAFE!



IF YOU ARE UNDER-STAFFED AND UNABLE TO PROVIDE THE NECESSARY CARE, OR IF SUPPLIES, LIKE RESUSCITATION KITS, OR EQUIPMENT ARE RUNNING LOW IN YOUR HEALTH FACILITY

INFORM THE DISTRICT HEALTH OFFICER OR SAFE MOTHERHOOD COORDINATOR

### 2 – KNOW THE DANGER SIGNS!

- ✓ HEADACHES
- ✓ BLEEDING DURING PREGNANCY OR AFTER YOUR BABY IS BORN
- ✓ SEVERE ABDOMINAL PAIN
- ✓ SWELLING OF HANDS, FEET AND FACE
- ✓ BLURRED VISION
- ✓ FEVER OR FEELING SHIVERY, COLD AND SWEATY

### 3 – TAKE TIME TO REFLECT!

EVERY WOMAN WHO DIES AS A RESULT OF PREGNANCY SHOULD HAVE A FULL MATERNAL DEATH AUDIT. THIS WILL HELP TO PREVENT OTHER WOMEN DYING FROM THE SAME CAUSES